

Adult Mental Health Practice Support Program

The Adult Mental Health Practice Support Program (PSP) is an initiative that provides training and support for family physicians, nurse practitioners and their medical office assistants (MOAs) to improve clinical and practice management when working with individuals experiencing mental health challenges.

This Group Learning program was developed by physicians for physicians and has been certified by the College of Family Physicians of Canada for up to 21 Mainpro+ credits for the 3 Learning Sessions.

This program has received an educational grant and in-kind support from the Mental Health Commission of Canada.

Requirements to participate in the PSP Learning Sessions:

1. Completed Registration Form. *If you are not the employer of your medical office staff, please ensure their employer has okayed their participation in the program before registering.*
2. Clinicians (family physicians & nurse practitioners) agree to participate in all three (3) half-day learning sessions.
3. Clinicians complete a one-page Needs Assessment in advance of the first learning session.
4. Clinicians facilitate and support their medical office support staff to attend:
 - a) Mental Health First Aid 2-day training sessions in advance of Learning Session 1 - *scheduled for March 28th and 29th in the Charlottetown area; and,*
 - b) All three (3) half-day PSP learning sessions – *scheduled for May 9th, June 20th and September 19th in the Charlottetown area.*
5. Clinicians support an initial and follow up short visits to their practice by the Health PEI PSP Coordinator.

The Health PEI PSP Coordinator is available to assist you and your medical office support staff to apply the learnings from the PSP Program to your day-to-day practice. The Health PEI PSPS Coordinator will be available to provide support as needed up until March 31st, 2020.

I hope you and your medical office support staff are able to participate in this Group Learning program!

Iva Marinov

Provincial Collaborative Mental Health Lead
Primary Care and Chronic Disease

imarinov@ihis.org

(902) 368-6927